



# LASTING ADVENTURES, INC.

*Creating Yosemite Memories that Last a Lifetime.*

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[www.lastingadventures.com](http://www.lastingadventures.com)

## Yosemite Classic Camping/Hiking Equipment List

The following list will prepare you for the hiking and camping portion of your trip. This is a front country camping trip. You will be able to pull your car very near to your campsite. You are welcome to bring any other items that you would typically bring on a vacation that provide you with comfort. You will have access to showers, restaurants, and museums. If you would like to have other items not listed below that make those destinations more accessible or enjoyable to you, please bring them (Ex: change of clothes for visiting restaurants and museums, etc.)

### Lasting Adventures will provide:

**Sleeping bags, sleeping pads, tents, trekking poles, eating gear, cooking equipment, group first aid kit, and maps.**

Please indicate on the [Medical Form/Gear Request](#) whether you would like to use your own tent, sleeping pad, sleeping bag, and trekking poles or if you would like to use ours.

### Food

- First Day's Lunch:** We will be meeting at 1PM on our first day, and provided meals will begin with dinner that night. Please remember that we will be hiking, and you will want to have had lunch prior to meeting. There are restaurants and a small grocery store in Half Dome Village, if you would like to eat there before we meet.
- Snacks and Drinks:** Although we have arranged the rest of the food for your trip, including snacks, you are welcome to bring some of your own. Everything you bring will need to fit into a bear locker.
  - Note: If you have dietary concerns, please call us so we can make arrangements for food ahead of time.

### Hiking Gear

- Daypack:** A pack that is comfortable and will hold 2 Liters of water, snacks, and a layer will be sufficient (roughly 20L - 35L in size). We recommend a pack that has a waist belt for comfort while hiking.
- Shoes or boots:** A good rule of thumb is: if you are used to boots, wear hiking boots; if you are used to shoes, wear trail running shoes. (examples: [Brooks](#), [Merrell](#), [Altra](#))
- Socks:** 2-3 pairs, wool or synthetic. NO COTTON. (examples: [Smartwool](#), [Darn Tough](#), [REI](#))
- Camp Shoes:** Comfortable, with a backstrap.
- Underwear/ Undergarments:** We recommend wearing synthetic while hiking.
- Long Underwear:** Top and bottom, light to midweight, wool or synthetic.
- Pants:** 1 pair of lightweight pants.
- Shorts:** 1 pair of lightweight shorts. (If you bring [convertible pants](#), there is no need to bring both shorts and pants.)
- Shirts:** 2-3 short sleeved synthetic or polypro for hiking and 1 long sleeved.

### Sleep System - All can be provided by Lasting Adventures

- Sleeping Bag\*:** Rated for 15° to 30° F (-9° to -1° C). (examples: [Marmot](#) and [REI](#))
- Sleeping Pad\*:** Closed-cell foam or inflatable. (example: [Thermarest](#))
- Tent\*:** Provided on all trips. If you choose to bring your own we recommend 2-3 person tents. (examples: [Marmot](#))

### Weather Gear

- Lightweight Jacket:** 1 light fleece or light wool jacket for mornings and nights.
- Waterproof Shell:** Waterproof and lightweight top (with hood).

- Hat:** 1 brimmed hat for sun protection.
- Beanie:** Head warmth for mornings and nights.

**Accessories**

- Sunglasses:** Protects eyes from harmful UV rays.
- Personal Toiletries:** Toothbrush, hairbrush, lip balm, and any shower needs.
- Personal Medications:** Must be clearly labeled and discussed with guides upon arrival.
- Flashlight:** Headlamp is preferable, small handheld is acceptable. (example: [Petzl](#), [Black Diamond](#))
- Water Bottle/Bladder:** 2 bottles, each 1 liter OR 1 bottle and 1 bladder (example: [Nalgene](#), [Camelbak](#), [Osprey](#))
- Bandannas/Bufs:** 1-2 any color. Used for sun protection, sweatbands, and emergency tissues.

**Optional Items**

- Book:** Small paperback, not required. Place in small resealable plastic bag.
- Journal/Pen:** Not required. One will be provided. If bringing a personal journal, place in resealable plastic bag.
- Camp Towel:** Lightweight for drying body. (example: [Sea-to-Summit](#), [REI](#), [PackTowel](#))
- Trekking Poles:** Recommended, but not required. Assists legs uphill and reduce impact on the knees going down. Can be provided by Lasting Adventures.
- Mosquito Head Net:** Small, can be pulled over a hat. (example: [Sea-to-Summit](#))
- Gloves/Mittens:** Light to midweight gloves for cold mornings and nights.
- Medium Stuff Sack:** Used to place clothes in while hiking and as a pillow at night and/or a small packable pillow.
- Fishing Gear:** Must be compact. License required for those older than 16 years old.
- Camera:** Digital and film allowed. Place in small resealable plastic bag.
- Cards or Small Games:** Must be placed in resealable plastic bag.
- Gratuities:** For the guides. Although not required, they are much appreciated. Typically gratuities range from 10-20% of your total cost, not per guide.

**We recommend against the use of cell phones and listening devices on our adventures in order to help you fully appreciate the wilderness experience. If you choose to bring a cell phone or other electronic device, please store it in a Ziploc or protective bag.**

**This is a recommended list and by no means complete. Please feel free to contact us if you have any questions. Our number is (800) 513-8651. Remember that Lasting Adventures supplies all group cooking gear, stoves, water filters, first aid supplies, toothpaste, and toilet paper.**